

Cheryl's Natural Apothecary LLC- Oxford, CT

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Cheryl Giampapa is a lifelong CT resident who grew up in Shelton and has resided in Oxford for 23 years. With a husband, 2 teenagers, multiple English Springer Spaniels, her healing work, teaching and volunteerism she has a very productive life.

Cheryl holds a B.S. in Social Work, is a Reiki Master- practitioner & teacher. Cheryl provides "life coaching" and intuitive guidance (for animals as well), Reiki and Crystal reiki sessions (to both humans and animals). She has studied herbs and aroma therapy since a teenager and has applied these applications to her all natural cosmetics, spa products and canine treatments/products. Cheryl's holistic approach to healing integrates and compliments beautifully with all traditional medical treatments.

Cheryl is the president of New England English Springer Spaniel Rescue Inc –

www.essrescue.org

She serves on the Board of Directors for Eastern English Springer Spaniel Club- www.eessc.org

Cheryl is a lifelong dog owner and has owned and bred English Springer spaniels for over 20 years and shows in the conformation breed ring. WWW.Anliess.com

Events and fundraising for non-profits

Cheryl volunteers for the "Caring for the Caregivers" program at Bishop Wicke Health Care Center (providing reiki sessions for staff)

Reiki for rescue- Cheryl has loved providing reiki sessions at dog events for both dogs and their owners and donating a good deal of the proceeds to the agreed upon to rescue or approved non-profits. ***Please contact Cheryl if your group is interested in booking a fundraising event for 2014.***

Community Education and public informational sessions about Reiki

Summary of March 2014 Informational session:

A brief overview of Reiki as holistic approach to well being.

A brief history of Reiki

How does Reiki work?

A brief overview of the canine energy centers (chakras)

What to expect during a Reiki session for humans & canines.

Demonstration of Reiki on a canine or 2.

Q & A